



COMMUNIVERSITY

A T P R O V I D E N C E P O I N T

WINTER QUARTER 2018 COURSE DESCRIPTIONS

Monday, January 8th – Friday, March 2nd

MONDAYS

WATERCOLOR PAINTING

9:00 – Noon Beginning January 8
8 sessions, North Community Building
(This class will move to the Craft Room
on 1/15 and 2/19)

Fred Lisaius

Class limit: 16

No painting medium celebrates transparency, light and color quite like watercolor. It can be juicy and loose or detailed and controlled. This is a class intended for those who have learned the fundamentals of watercolor painting and want to take them to the next level. We will be exploring watercolor painting techniques, composition and color in a fun and relaxing environment. Bring your watercolor paints, paper and supplies to the first class.

(Note: We request that participants in Fred's Art Classes only sign up for one.)

Fred Lisaius is a local painter and teacher. His paintings show in galleries around the country and are included in many local collections.



YOGA

9:00 – 10:00 A.M. Beginning January 8
8 sessions, South Community Building
Maude Pauletto

Class limit: 15

This is the perfect class for active seniors and seniors who are looking to reactivate! The instructor will guide you through gentle stretching for flexibility and strength. Attention will be given to relaxation and breathing. Work at your own pace. Please wear loose comfortable clothing and bring a yoga mat.

Maude Pauletto loves helping people help themselves to health with her gentle instruction. She has been teaching yoga for over 30 years and is also a licensed massage practitioner.



ENGLISH CONVERSATION CLASS

12:00 – 1:30 P.M. Beginning January 8
8 sessions, Clubhouse
Jackie Anderson

Conversations for understanding English by writing, reading, listening and speaking. Hands on activities will be used. The class is designed for fun English immersion. This class is also open to non-residents so if you know someone in the area that is looking for a class like this, please invite them to enroll.

Jackie Anderson is a certified teacher of English as a second language and a resident of Providence Point

DRAWING/PAINTING ART CLASS

12:30 – 3:30 P.M. Beginning January 8
8 sessions, North Community Building
(in Craft Room on 1/15 and 2/19)

Fred Lisaius

Class limit: 16

Art is for everyone. Whether you are viewing it, discussing it or making it, art is a portal to our imaginations, stimulates our brains and it celebrates the individual. The focus of this class is to improve your drawing ability and then apply it to your paintings in a fun and relaxing environment. Each week you will be challenged with a variety of subjects (photos provided) that explore texture, color, line and form. Bring a sketch pad, 3B or 4B pencil and a kneaded eraser to the 1st class where we will discuss different painting medium options.

(Note: We request that participants in Fred's Art Classes only sign up for one of his classes.)



YOGA

2:00 – 3:00 P.M. Beginning January 22
(no class 1/8, 1/15 and 2/12)
(Make-up classes will be Fridays 3:30 - 4:30
on 2/2, 2/10, 2/17)

8 sessions, South Community Building
Karen Whittier

Class limit: 15

This class is appropriate for both beginning and intermediate yoga students. Each week will feature a different sequence to build a strong foundation, improve mobility and coordination, and increase the student's spatial understanding of the body as it relates to postures. Students will be encouraged to always respect their own bodies' limitations and given modifications and props to help them do so. Please wear comfortable clothing and bring a yoga mat.

Karen became a yoga instructor after many years of her own personal yoga practice with a deep desire to share what she has learned and experienced. She enjoys giving one-on-one attention to her students; addressing their personal and unique needs; and guiding them on their own yoga journey.



ZUMBA® GOLD CHAIR - 2:30 – 3:00 P.M. Beginning January 8
ZUMBA® GOLD - 3:15 – 4:00 P.M. Beginning January 8
8 sessions, Collin Hall
Joan Wilde

Class limit: 25

Zumba® Gold Chair - Lower Impact seated fitness dancing to Zumba® music in a chair, getting the blood flowing throughout the body! I will be adding some new dimensions to our chair group with focus on rhythms, beats and fun!

Zumba® Gold modifies Zumba® fitness to low-impact moves and pacing suiting the needs of the active mature participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba® Fitness-Party is known for: the zesty Latin music, like Salsa, Merengue, Cumbia, Reggaeton, Flamenco, Samba, Bachata, Tango, Cha-Cha, and Bellydance; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. Come for fun, camaraderie, excitement, fitness and FUN! Led by Joan Wilde, Certified Senior Fitness and Zumba Gold® Instructor.

Joan Wilde, certified Senior Fitness Specialist, licensed Zumba® and Zumba Gold® Instructor. Former professional dancer, musician and singer in the '70s. Passionate about music, dance and your health!"

NUTRITION AND HEALTH – new class
Lectures

5:00 – 6:30 P.M. Beginning January 8
(no class on 1/29 and 2/26)
6 sessions, North Community Building

Cooking Practicums

5:00 – 8:00 Fridays 2/2 and 3/2
2 sessions, Collin Hall



This class will consist of six 90-minute lectures on Mondays in North Community Building and two 3-hour cooking practicums in Collin Hall on Fridays. Lectures will cover: You are not what you eat, Cracking the code (Food labeling), Optimizing brain function, Essential nutrition, How does your body deal with toxins and Minerals are magic. The Cooking Practicums will include: The Cultured Food Kitchen and Solo Kitchen Opus. If possible, please include your email contact info on your registration form so that the instructor can contact you with a list of necessary supplies for class.

Dorothy Sager is a Certified Nutritional Therapist, Kinesiologist and Chef. She has been teaching nutrition and exercise classes for many years. Her Mission is to spread the word that having vibrant good health is directly related to what and how we eat, how we exercise and how we rest our bodies.

TUESDAYS

AQUA CORE: H2O Core Solutions

10:00 – 10:50 A.M. Beginning January 9
8 sessions, The Clubhouse Pool
Julie Berquist

Class limit: 20

The focus of this class will be controlled use of the core muscles to maintain correct body alignment, posture, equilibrium and perception of the body during movement in the water. Improved balance is directly related to strengthening the core. Furthermore, when your balance is good, your gait improves and activities of daily living (ADL's) can become easier, giving you more energy. Core work in the water is a safe and effective way to emphasize the core's importance to our ADL's. A variety of suspended body positions where feet/hands are gradually released from the support of the pool will be used, including floating on your back and front. **(Note: 5 alternates will be selected in addition to the 20 participants.)**

Julie Berquist began working for Community Integration Services in 2002 conducting classes for the Multiple Sclerosis aquatic program, and eventually teaching classes at the Providence Point pool. She certified with the Arthritis Foundation Aquatic Program in 2002 as an Aquatic Program Instructor, and certified with the Aquatic Exercise Association in 2003 as an Aquatic Fitness Instructor. She is CPR and First Aid certified.

FLORAL KINGDOMS OF THE WORLD

10:00 – 11:30 A.M. Beginning January 9
8 sessions, South Community Building
Kathy McMurtry

We will continue our journey of discovery, starting off in India. We will look at exotic, strange and beautiful plants. Learn about their secret lives and languages. And, along the way, we will learn about the creatures that make these plants their own.

Kathy McMurtry is a South African now living in Providence Point. She enjoys telling people the truth about life in South Africa and the world.

HISTORY: The '70's

10:00 – 11:30 A.M. Starting January 9
8 sessions, North Community Building
Jim Hinkley

Problems, problems, problems... where to begin: Killing student protesters at Kent State? Watergate? The oil embargo and gas lines? And yet... Vietnam finally ended, the cold war actually cooled a bit, and women demanded and won some respect. Let's look at it all and think about how the Seventies may have helped shape our world today

Jim Hinkley studied acting and history at Northwestern University, earned BA and MA degrees in history at San Diego State University and taught U.S. History for thirty-four years at Grossmont College in California and Gainesville State College in Georgia.

SHAKESPEARE FOR FUN! is back with "Antony and Cleopatra"

12:00 – 1:30 P.M. Beginning January 9
8 sessions, South Community Building
Gary Culbert

Join Dr. Culbert for a read-through of Shakespeare's *Antony and Cleopatra*. This tragedy is Shakespeare's version of the dangers of a love affair with the most beautiful woman alive. If time permits we will work on some of the greatest sonnets in the English canon. See you there. No homework needed, just a copy of the play to read in class (available online.)

Gary Culbert is a graduate of St. Olaf College, with an M.A. from the University of Chicago and a Ph.D from the University of Wisconsin. He taught English at the University of Washington and recently retired from a twenty-nine year career teaching English at Eastside Catholic High School. For the past 37 years he also taught classes at Seattle's Women's University Club.

TUESDAY NIGHT AT THE MOVIES: Based on a True Story...

6:30 – 9:00 P.M. Beginning January 9
8 Sessions, The Clubhouse

Francie Greth-Peto assisted by Guy Peto

Nothing is better on a long dark winter night than a good story within a great film. A film based on a true story gives us something to dream about, to imagine living a different life, to celebrate. This winter we will include films that are: "Bio-Pics" which employ descriptive history in film creating a dramatic, visual creation of actual people and events. "Documentaries" in our case are films that tell the facts about actual people and

events. They will bring about energy, humor, hope, worry, and cheer for those who triumph. "Memoir" will visually create another world based on a narrative composed of personal experience. This series will be both revelatory and entertaining. Watch for the Movie List/Dates in the community bulletin boards at our common buildings on or after December 15, 2017.

Francie Greth-Peto initiated Communniversity's TUESDAY NIGHT AT THE MOVIES and has taught a wide variety of film courses over six years. Films bring stories to life. They show life through different eyes and they transport. Francie is skilled at keeping the moments on the screen alive after the film is over with her unique way of exploring the directing, the plot, the relationship of the film to its time and today through an active discussion. With a background that includes leadership, communication, teaching, management and counseling she can uniquely get people involved. Francie's husband, Guy Peto, supports her by researching each film for reviews, cast biographies, and fun facts which are copied and distributed.

WEDNESDAYS

HISTORY: Between the Wars

10:00 – 11:30 A.M. Beginning January 10
8 sessions, South Community Building
Randy Buehler

Randy Buehler will share his unique perspective on how the Treaty of Versailles at the end of WWI guaranteed that there would be a WWII and then he'll give his interpretation and understanding of the Great Depression.

Randy Buehler is an avid amateur historian. Born in Baltimore, he majored in U.S. History with a minor in Ancient Near East and Greek history. Randy taught history to Jr. High and High school students and teaches classes at TELOS continuing education program at Bellevue College. He owned a weekly newspaper in Southeast Tennessee for 30 years and was also a technology director at a small school system in Tennessee. He has been in the Seattle area since 2012. Graduated from Towson State College (University now) in Baltimore in 1966 and has lived in Providence Point since 2015.

MEDICARE: What You Need to Know

10:30 – 12:30 P.M. January 10 and January 17 only
2 sessions only, Multi-Purpose Room
John Westman

Questions about the future of Medicare. You may have some general concerns or, maybe, you just want to explore the supplemental insurance plan(s). These 2 workshops will help you better understand where things are and what to expect.
Jan. 10: What's new for Medicare 2018?
Jan. 17: Is your Medicare Plan right for you?

John Westman has been working with Seniors in regards to Medicare and Medicare Plan Insurance for 28 years. He joined Seniors Choice Insurance located in Collin Hall as the Medicare Plan Insurance Advisor for Providence Point in 2013 and has helped hundreds of residents with their insurance needs and issues on a daily basis. This also includes unbiased insurance reviews on Medicare Plans, Group Insurance, Long Term Care, and Auto/Home Insurance.

HISTORY: A Swift Survey of High Medieval History and Literature – Gothic Glories

1:00 – 2:30 P.M. Beginning January 10
8 sessions, South Community Building
Kristi Busch

This course will examine the glories of the High Middle Ages. During these years we will see life focus around three groups; those who work, those who fight, and those who pray. Europe will also re-establish trade routes and lively fairs, thriving towns, even universities. Philosophy will resurrect as reason engages with faith. Literature, music, and the arts will revive culminating in the rise of hundreds of majestic cathedrals. Come explore the highlights and the calamities of this engaging era. We will also hear some of the epic romances of the Middle Ages, such as the quest for the Holy Grail.

Kristi holds a Masters degree in Museum Studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16 - 86 year olds and nothing compares to making history come alive.

DRAMA: Winter Musical – The Music Man

2:00 – 4:00 P.M. Beginning January 10
8 sessions, Collin Hall
Tony Curry, Nancy Talley



A slight change of plans! Since Our Place will be closed from mid-February through mid-April for some renovations, we are moving the Spring Musical to Winter and performing in Collin Hall. The Providence Point Players will present Meredith Wilson's Musical Theatre Game Changer, "THE MUSIC MAN!" Join in the fun with Harold Hill, Marian the Librarian, and all those crazy Pick-A-Little Ladies. The Providence Point Players are always looking for new talent, old talent and, yes, folks who have absolutely no talent but want to have a good time. So get on that Wells Fargo Wagon and we'll see you all at Collin Hall.

IMPORTANT DATES:

Wednesday, February 29 – Dress Rehearsal/Preview Performance
Saturday, March 3 – Evening Performance
Sunday, March 4 – Matinee Performance

Tony Curry and Nancy Talley will be co-directing

YOGA

3:30 – 4:30 P.M. Beginning January 17
(no class on 1/10 and 2/14)
(Make-up Classes will be Fridays,
3:30 – 4:30 on 2/24 and 3/2)
8 sessions, South Community Building
Karen Whittier



Class limit: 15

THURSDAYS

NEEDLE PAINTING: Embroidery – new class

9:00 – 11:00 A.M. Beginning January 11
8 sessions, Craft Room
Kathy McMurtry

Class limit: 12

Decorate a shirt with beautiful Indian Chain Stitch and Shisha Mirrors. A fun and interesting way to start exploring the wonderful world of needle painting. Instead of using a brush we will use a needle and thread to create something unique. There is a \$10 supply fee associated with this class and, if possible, please include your email contact info on your registration form so that the instructor can send out a list of other incidental supplies needed for class.

Kathy McMurtry is a South African now living here in Providence Point. Embroidery, bobbin lace making, beading, fabric art and painting have always been part of her life. She enjoys teaching and passing on the skills.

FITNESS AND FUN WITH NIA

9:30 – 10:30 A.M. Beginning January 11
8 sessions, Collin Hall
Vicci Calvo Kane

Class limit: 25

Nia is a well-being fitness and lifestyle practice. Using expressive movement, Nia blends a range of rhythmic music styles with carefully choreographed routines. It is a 'fusion fitness' program, inspired by three art forms: The dance arts, the healing arts, and the martial arts. Come discover the power and joy of this creative, savvy, energizing fitness class. Nia will move you!

Vicci Calvo Kane is a certified Nia instructor, Five Stages of Healing and FreeDance instructor. She believes that through movement we find health! We are all creating art as we dance through life. Each in our body's way and through the love and joy of music and community!

PERSONAL CREATIVE WRITING

10:00 – noon Beginning January 11
8 sessions, Clubhouse
Doris Northstrom



Whether you are a beginning writer or an experienced one, whether your interest is in memoir writing, fiction or non-fiction, you will benefit from this class. Exchange of ideas and opinions is an important tool in the development of your writing skills. Priming the pump uncovers a myriad of memories and touches the creative center in all of us. Come share the laughter and enjoy friendly exchanges with your peers.

ZUMBA® GO-LIGHTLY

2:30 – 3:00 P.M. Beginning January 11 (no class 1/18 and 2/15)
6 sessions only, Collin Hall
Joan Wilde

Class limit: 15

For those who have liked Zumba Gold, but needed extra help or Zumba Gold Chair participants who would like to try a transition. (Students can keep a chair in front of them if desired) This is a slower, easier, smaller, shorter class with breakdowns on the different rhythms.

ZUMBA® COUNTRY

3:15 – 4:00 P.M. Beginning January 11 (no class 1/18 and 2/15)
6 sessions, Collin Hall
Joan Wilde

Class limit: 25

It's Zumba, y'all! Burn up the dance floor with Zumba Country, a toe-tapping boot-stomping workout featuring easy-to-follow dance steps set to your favorite country chart toppers!

FRIDAYS

YOGA

9:00 – 10:00 A.M. Beginning January 12
3 sessions, South Community Building
Maude Pauletto

Class Limit: 15

(Please see class description for 9 a.m. Monday class)



BEGINNING BASKET WEAVING returns

10:00 – Noon Beginning January 12
8 sessions, Craft Room
Vicky Nickelson

Class limit: 10

We are going to upcycle pine needles! Students will learn the basic technique of coiling, wheat stitch and the fern stitch. We will learn how to properly gather and prepare pine needles for basket making. We will explore different types of binding threads and what natural materials will compliment a basket. Each student will receive written instructions and information handouts. You will have the joy of completing one embellished pine needle basket. All materials are provided, so bring your smile and your imagination with you.

Vicky Nickelson - Growing up in the Pacific NW, we were a "camping" family. One particular camping trip inspired me for life. A lady, camped next to us, noticed I was watching her with interest while she made pine needle baskets. She asked me if I wanted to learn how, the rest is history.... My pine needle baskets have won many awards, including the grand champion at the Puyallup fair. I have taught classes all over the United States. I am a member of the Northwest Basket Guild and the NBO (National Basket Organization). I am the author of: Nature's Touch, Basketry by Hand, from Pine Needles and Gourds.

VIEWS OF THE NEWS

10:30 – Noon Beginning January 12
8 sessions, North Community Building
John Galvin



This class is a student participation class with the leader serving as a moderator. Each week the discussion is based on the interest of the participants in a particular topic drawn from, or related to, current local, national and global news.

Dr. John Galvin has a multi-discipline background in philosophy, psychology and human resource management and over 20 years experience as a therapist, group facilitator, management consultant, trainer and public speaker.

INTERMEDIATE BASKET WEAVING

1:00 – 3:00 P.M. Beginning January 12
8 sessions, Craft Room
Vicky Nickelson

Class limit: 10

Prerequisite: Beginning Pine Needle Basket Weaving. This class will be more individualized to a student's interest. We will focus on different stitches and shaping your basket. See Beginning Pine Needle Basket Weaving for Course details.

CONVERSATIONAL SPANISH returns

1:00 – 3:00 P.M. Beginning January 12
8 sessions, South Community Building
Patricia Habeck

This is a Conversation Class so the major part of our class time will be devoted to listening and talking to each other! We will learn to use basic question and answer sentences, starting with simple present tense verbs and vocabulary, progressing

at a rate of speed appropriate to each individual student. For visual support we'll be using a book that combines both textbook and workbook for some reading and writing practice. Besides accomplishing however much language learning each student wishes, a goal in the class is to avoid any sort of pressure (which impairs learning anyway) and to have fun doing it! The Class Supply Fee, \$30, will be used to order the text book, SPANISH IN 10 MINUTES A DAY. Participants will receive the workbook by week 2.

Patricia Habeck, a Seattle native, has been teaching Spanish for 33+ years, in the high school classrooms at Shoreline High and Inglemoor High Schools, and at Shoreline Community College. Now retired, she finds pleasure in tutoring in Spanish and French, limiting to three students at a time so as to enjoy time with one or two horse-and-rider students. She's been heard to say that she is very much looking forward to teaching the adult class here at Providence Point!

ZUMBA® GOLD CHAIR - 2:30 – 3:00 P.M.

ZUMBA® GOLD - 3:15 – 4:00 P.M.

Beginning January 12 (no class 1/26)

7 sessions, Collin Hall

Joan Wilde

Class limit: 25

(Please see class description in Monday's listings)

NUTRITION AND HEALTH – new class

Cooking Practicum

5:00 – 8:00 P.M. 2/2 and 3/2 only

(Please see class description in Monday's listings)



ALSO OF INTEREST

IMPORTANT REGISTRATION INFORMATION:

Registration deadline is Tuesday, January 2 for classes that have size limits. These are those classes that have a **class limit** listed in the course description. Registration deadline is Thursday, January 4 for all other classes.

General Requirement for Winter Quarter 2018 Registration:

1. Mail-in registrations to our Registrar should be mailed no later than Saturday, December 30.
2. After December 30 all Registrations must be dropped off at the Communiversity Box, now located on the shelf by the copier next to the Activities Office in Town Hall.

NOTES FROM THE EXECUTIVE DIRECTOR:

Welcome to Winter Quarter. As always, we have a very full roster of classes. We have found a new Spanish teacher, Patricia Habeck, and we are looking forward to adding French in the coming year. We are also saying hello to Dorothy Sager, Certified Nutritional Therapist, Kinesiologist and Chef who begins a series of Health and Nutrition classes this quarter and please look forward to seeing some new exercise and fitness classes from Dorothy in the future. We are pleased to have Dr. Gary Culbert return to teach Shakespeare's Antony and Cleopatra. And, of course, our Teacher and Providence Point Resident, the extraordinary Kathy McMurtry will be adding a class called Needle Painting where she will teach you to paint with thread. We are still looking for a Geology teacher to replace the wonderful Donn Charnley. If you need to get your Geology fix this quarter, Donn will be teaching at Telos in Bellevue but unfortunately, we could not convince him to travel to the wilds of Sammamish. Please enjoy Winter Quarter at Communiversity!

THE ARTIST SERIES

Communiversity is proud to announce the return of Seattle Shakespeare Company this Spring. They will be coming to Collin Hall to perform "Twelfth Night" on Friday, March 23rd. Please watch channel 8 to see when you can call for reservations. This event is sponsored by Communiversity and the generous donation of two anonymous donors.

THE COMMUNIVERSITY WEBSITE:

Our website is: <http://ppcommuniversity.wordpress.com/> is in the process of changing and may not be available. If you are having trouble accessing the site, please contact Tony Curry at tcurry51@msn.com

A SHORT MESSAGE TO NON-PROVIDENCE POINT PARTICIPANTS:

Request to be part of our email list and receive our catalogue each quarter as an attachment. Send me an email at tcurry51@msn.com and I would be more than happy to add you to our list.

COMMUNIVERSITY'S POLICY ON SOLICITATION:

Communiversity Classes are paid for by the residents of Providence Point. Their sole purpose is to facilitate learning and experiencing continued growth as an individual and as part of the community. They are not to be used as a platform for selling a product or service. Teachers are welcome to display their books and wares, but should never solicit sales or suggest the sale of a particular product.

Classroom equipment, especially in these high-technology times, is expensive, and difficult to afford within an existing budget that focuses on education. As a 501 (c)(3), gifts to Communiversity enjoy the tax advantages of any non-profit organization - your donation is tax-deductible. Please do think of us when planning your annual giving. If there's an area of special interest at Communiversity that you would like to support, please contact our Executive Director, Tony Curry, for details. Email Tony at tcurry51@msn.com or call 206-200-3459.

ABOUT THE LOTTERY

All classes with class limits may be subject to a lottery on Wednesday, January 3rd - if enrollment surpasses the class size limit. If you DO NOT hear from us, you can assume you are in the class. (And, please, do not buy supplies for a class until you're sure you're in.) **Students who were wait-listed last quarter, and did not get to subsequently join the class, will have preference this quarter.**
PLEASE NOTE: you *must* register again for the class.

NEW RULE:

If you get into a class that has a lottery and you are absent from the first class and have not alerted the Executive Director or Registrar prior to your absence, you will lose your position in the class to the next person on the Wait List.

PLEASE, PLEASE, PLEASE.....

Do *not* just "show up" for a class that has a limit in the hopes of getting in. Our limited classes nearly always have a waitlist, and people on that list *must* be added first - when and if there is room. You may ask the monitor to add your name to the bottom of the waitlist.

WINTER CALENDAR 2018

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Watercolor 9:00 – Noon North Community Bldg.	Aqua Core 10:00 – 10:50 Clubhouse Pool	History: Between the Wars 10:00 – 11:30 South Community Bldg.	Needle Painting 9:00 – 11:00 Craft Room	Yoga 9:00 – 10:00 South Community Bldg.
Yoga 9:00 – 10:00 South Community Bldg.	Floral Kingdoms 10:00 – 11:30 South Community Bldg.	Medicare Seminars 10:30 – 12:30 Multi-Purpose Room (1/10 and 1/17 only)	NIA Fitness & Fun 9:30 – 10:30 Collin Hall	Beg. Basket Weaving 10:00 – 12:00 PM Craft Room
English Conversation 12:00 – 1:30 Clubhouse	History: The 70's 10:00 – 11:30 North Community Building	History: High Medieval 1:00 – 2:30 South Community Bldg.	Creative Writing 10:00 – Noon Clubhouse	Conversational Spanish 1:00 - 3:00 P.M. South Community Bldg.
Drawing and Painting 12:30 – 3:30 North Community Bldg.	Shakespeare: Antony and Cleopatra Noon – 1:30 South Community Building	Drama: Music Man 2:00 – 4:00 Collin Hall	Zumba Go-Lightly 2:30 – 3:00 Zumba Country 3:15 – 4:00 Collin Hall	Views of the News 10:30 – Noon North Community Bldg.
Yoga 2:00 – 3:00 South Community Bldg. (begins 1/22)	Film: True Story 6:30 – 9:00 Clubhouse	Yoga 3:30 – 4:30 South Community Bldg. (begins 1/17)		Int. Basket Weaving 1:00 – 3:00 Craft Room
Zumba Gold Chair 2:30 – 3:00 Zumba Gold 3:15 – 4:00 Collin Hall				Zumba Gold Chair 2:30 – 3:00 Zumba Gold 3:15 – 4:00 Collin Hall
Nutrition and Health Lectures 5:00 – 6:30 (Mon. 1/8, 1/16, 1/22, 2/5, 2/12, 2/19) North Community Bldg.				Nutrition and Health Cooking Practicum 5:00 – 8:00 PM Collin Hall (2/2 and 3/2 only)

Questions?

Contact: Kim Parriott, 206-369-1433 or kparriott@icloud.com
 Tony Curry, 206-200-3459 or tcurry51@msn.com
 Communiversity website: <http://ppcomuniversity.wordpress.com/>

HOW TO SIGN UP

1. Complete the form on the next page.
2. Enclose check or money order payable to **Communiversity** for the exact amount only.
NOTE: IF PAYMENT IS NOT RECEIVED YOU WILL NOT BE REGISTERED FOR THE CLASS.
3. Place in the Communiversity box located by the copy machine next to the Activities Office or send registration to **Kim Parriott - 4508 226th Terrace SE, Issaquah 98029.**
***SPECIAL NOTE – DO NOT MAIL IN Registration after December 30. Drop off only.**
4. If not contacted by phone or by mail, you can assume you are registered.



COMMUNIVERSITY WINTER QUARTER 2018 REGISTRATION FORM

PLEASE NOTE: REGISTRATION CLOSSES TUESDAY JANUARY 2ND FOR CLASSES WITH A LOTTERY. OPEN CLASSES WILL CONTINUE REGISTRATION THROUGH THURSDAY, JANUARY 4TH. **REGISTER EARLY!!**

Student 1	Last Name	First Name		
Student 2	Last Name	First Name		
Street		City	Zip	
Phone		Email		

1 ✓	2 ✓	Class	Prov Pt. Resident	Non- resident	Total Fees
		MONDAY			
		English Conversation Class	No Charge	\$40.00	
		Nutrition and Health	No Charge	\$40.00	
		TUESDAY			
		Floral Kingdoms	No Charge	\$40.00	
		History: Supreme The 70's	No Charge	\$40.00	
		Shakespeare: Antony & Cleopatra	No Charge	\$40.00	
		Tuesday Night at the Movies	No Charge	\$40.00	
		WEDNESDAY			
		History: Between the Wars	No Charge	\$40.00	
		Medicare Forums (2)	No Charge	\$10.00	
		History: Survey of High Medieval	Supply Fee \$8	\$48.00	
		Drama: The Music Man	No Charge	\$40.00	
		THURSDAY			
		Needle Painting	Supply Fee \$10	\$50.00	
		NIA Fitness	No Charge	\$40.00	
		Personal Creative Writing	No Charge	\$40.00	
		FRIDAY			
		Beginning Basketweaving	Supply Fee \$10	\$50.00	
		Views of the News	No Charge	\$40.00	
		Intermediate Basketweaving	Supply Fee \$15	\$55.00	
		Spanish	Supply Fee \$30	\$70.00	

Providence Point Residents Only:

(Please note: if you sign up for more than one Yoga or Zumba class, you must indicate your first, second or third choice)

		Monday			
		Watercolor (9:00 – noon)	Supply Fee \$3.00		
		Yoga (9:00 – 10:00)	No Charge		
		Drawing/Painting (12:30 – 3:30)	Supply Fee \$3.00		
		Yoga (2:00 – 3:00)	No Charge		
		Zumba Gold Chair (2:30 – 3:00)	No Charge		
		Zumba Gold (3:15 – 4:00)	No Charge		
		Tuesday			
		Aqua Core (10:00 – 10:50)	No Charge		
		Wednesday			
		Yoga (3:30 – 4:30)	No Charge		
		Thursday			
		Zumba Go Lightly (2:30 – 3:00)	No Charge		
		Zumba Country (3:15 – 4:00)	No Charge		
		Friday			
		Yoga (9:00 – 10:00)	No Charge		
		Zumba Gold Chair (2:30 – 3:00)	No Charge		
		Zumba Gold (3:15 – 4:00)	No Charge		

TOTAL

--



COMMUNIVERSITY WINTER QUARTER 2018

Monday, January 8th through Friday, March 2nd

Communiversality Governing Board of Directors

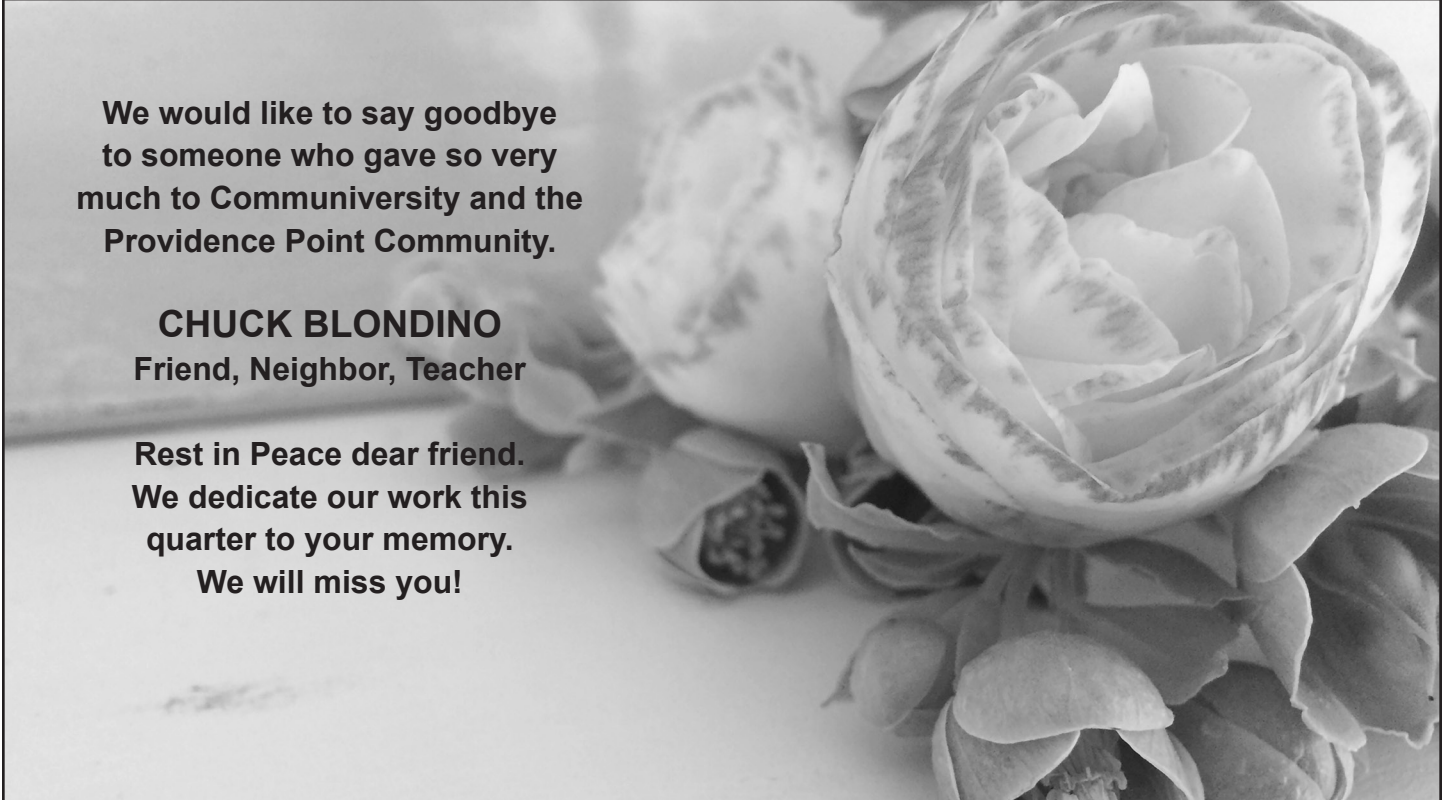
Jan Elmore, President
Francie Peto, Vice-President
Verlie Espling, Treasurer
Nancy Talley
Ann Lamb
Renner Hoffman
Ellen Bondi

Communiversality Planning Committee

Jane Elmore
Francie Peto
Jane Isenberg
Ann Lamb
Ellen Bondi
Dena Klingler
Nancy Talley
Verlie Espling
Hetty Watters
Guy Peto

Tony Curry, Communiversality Executive Director
Kim Parriott, Registrar

IN MEMORIAM



We would like to say goodbye
to someone who gave so very
much to Communiversality and the
Providence Point Community.

CHUCK BLONDINO
Friend, Neighbor, Teacher

Rest in Peace dear friend.
We dedicate our work this
quarter to your memory.
We will miss you!